



Rule of Crumb Gluten Free

Chilled

Background

Established by Colum McLornan, Rule of Crumb specialises in the manufacture of a range of gluten free products for coeliacs including: gluten free chicken goujons, gluten free breaded fish, gluten free cereals (cornflakes, muesli, coco bites), muffins, salted caramel & chocolate profiteroles and part baked bread rolls. All items are licensed by the Coeliac Society UK and have the cross grain symbol.

The reason why our gluten free chicken goujons taste so good is that they are made using high quality EU breast fillet with no additives or brines and our special recipe breadcrumbs give excellent flavour and texture. To help chefs, cooks and caterers avoid cross contamination, we pack our goujons in sealed portion size packs with each goujon averaging 40 grams.

Chicken Kievs are packed in portions of 195 grams on average, making it easy for the kitchen to avoid cross contamination.

Our gluten free breaded fish offer is a versatile proposition with high quality white fish prepared in both fillet and goujon size portions and coated with our signature gluten free crumb recipe.

Product Range

Gluten Free Chicken Goujons
Chicken Kievs
Breaded Chicken Breasts
Gluten Free Breaded Fish

Gluten Free Fish Fingers
Gluten Free Breakfast Cereals in Portion Packs
Part Baked Gluten Free Bread Rolls
Gluten Free Muffins
Garlic Baguettes
Salted Caramel & Chocolate Profiteroles

Accreditations

- BRC Accreditation
- All products are licensed by the Coeliac Society UK
- Cross Grain symbol license

Awards held

- Great Taste Awards 2015: Two Gold Stars for our Gluten Free Blueberry Muffin and One Gold Star for Gluten Free Cornflakes and Part Baked Gluten Free Roll
- Freefrom Food Awards Ireland 2016 - 2 Golds and 2 Bronze.
- FreeFrom Food Awards, London 2017: Gold awarded to our gluten & dairy-free chicken goujons in the Foods Designed for Children category
- FreeFrom Food Awards Ireland 2017: Gold in Desserts and Puddings for chocolate eclairs; Silver in Breads for par baked baguettes & Bronze in Catering and Food Service for gluten free corn flakes
- FreeFrom Food Awards 2018: Gold in the 'Foods for Children' category for Gluten and Dairy Free Chocolate Eclairs; Silver in 'Desserts and Puddings' for Gluten and Dairy Free Chocolate Eclairs and Silver in 'Meaty and Fishy' for Gluten and Lactose Free Chicken Kiev

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Image Gallery







